

October 2017

MERIT ACADEMY

LUNCH



Lunch includes milk and 1 juice + full salad and fruit bar in addition to those items listed below.
\$3.00 per student / \$3.50 adults



We now offer a GRAB N GO OPTION OF A SALAD AND SANDWICH OR MAIN DISH DAILY AS A QUICK EASY CHOICE. You may still use the salad bar if you wish.
This institution is an equal opportunity provider



Monday

Pizza Choice **2**
Pepperoni, sausage, cheese
or Hawaiian with red or
white sauce

Tuesday

Beef enchiladas **3**
Spanish Rice
OR Sloppy Tot casserole

Wednesday

Turkey & cheese sub **4**
Chicken Salad on Crescents
Fries

Thursday

Spaghetti with meat Sauce **5**
Green Beans

Friday

Corn Dogs **6**
Chips

Pizza Choice **9**

Pork Lo Mein (noodles) **10**
Stir fry vegetables

Salisbury steak **11**
Mashed potatoes & gravy
Corn

Taco Soup **12**
Corn Chips
Cheese & Sour cream

Hawaiian Haystacks **13**
Chicken gravy over rice
Toppings

Pizza Choice **16**

Spicy or Regular **17**
Chicken nuggets
Macaroni and cheese

FALL BREAK **18**

FALL BREAK **19**

FALL BREAK **20**

Pizza choice **23**

Creamy chicken barley soup **24**
Roll

Cheeseburger **25**
Lettuce & tomato
Spicy fries

Dutch waffles **26**
Ham
Hash browns

Teriyaki with chicken **27**
Mixed vegetables
Rice

Pizza choice **30**

Spicy or Regular **31**
Chicken Sandwich
Fries
HALLOWEEN TREAT

