

September 2017

MERIT ACADEMY

LUNCH



STUDENT LUNCHESES = \$3.00 / ADULT = \$3.50

All meals come with full salad/fruit bar
Milk and juice options.



Merit Academy is an equal opportunity provider



Monday

Tuesday

Wednesday

Thursday

Friday



Bean/Cheese Burrito ¹
Spanish Rice OR
Ham Fried Rice /egg roll

NO SCHOOL TODAY ⁴

Merit Hot dogs (2) ⁵
Sharon's special sauce
Seasoned fries

Chicken Caesar or ⁶
Chicken bacon & ranch
Wraps
Chips

Spicy Beef enchiladas ⁷
Refried beans OR
Sloppy Joe tater tot
casserole

Salisbury steak ⁸
Mashed potatoes / beef
gravy
Corn

Dominos pizza choice ¹¹

"Café Rio" style salads ¹²
Tomatillo dressing

Homemade corn ¹³
Chowder with bacon
Roll

Chicken Pesto Alfredo ¹⁴
OR
Ham alfredo pasta
Green beans

Saucy meatball ¹⁵
sandwich with cheese
Chips

Dominos pizza choice ¹⁸

Orange chicken ¹⁹
with Rice
Mixed vegetables

Cheeseburger ²⁰
Lettuce & tomato
Spicy Fries
Jell-o

Tostadas ²¹
With meat, beans & cheese

Pancakes ²²
Sausage or ham patty
Hash browns

Dominos pizza choice ²⁵

BBQ pulled pork sandv ²⁶
Ranch baked beans
Coleslaw

Baked potato or wedge ²⁷
Chili
Broccoli
Cheese

Chicken Fajitas ²⁸
Mexican bean
Spanish Rice

Spicy or regular ²⁹
Chicken Sandwich
Fries